

KINDNESS- October

- **Definition:**
 - being nice and friendly to others
- **How do I show that I am KIND?**
 - Look for the good in other people.
 - Say nice things and really mean them.
 - Look for ways to make other people feel good.
- **Some thoughts on KINDNESS:**
 - Be kind without expecting anything in return!
 - You never need a REASON to be kind!

It's cool to care about our CHARACTER!
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